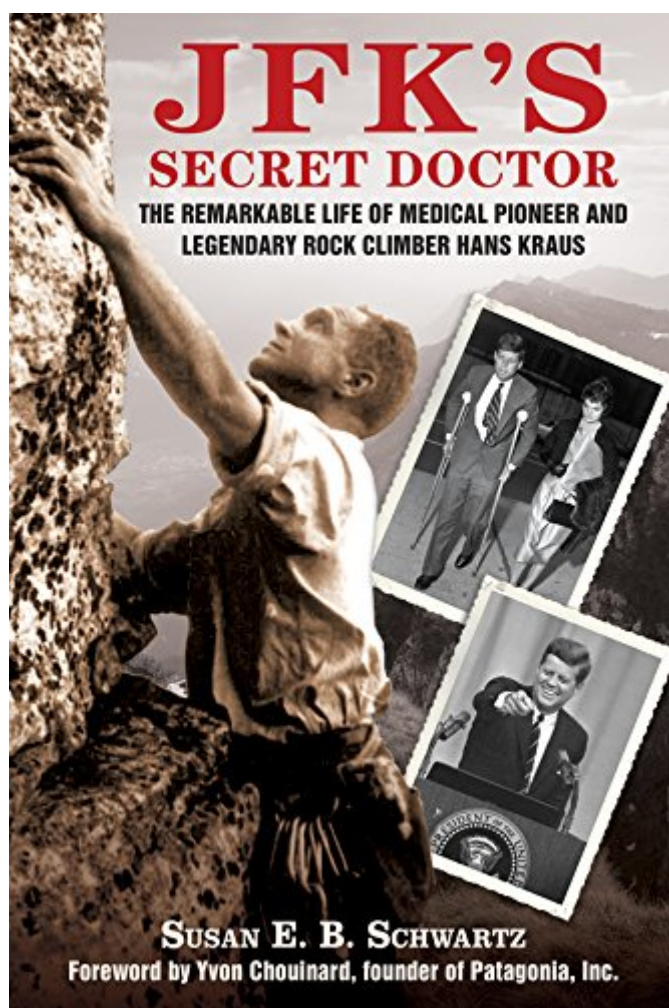


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# JFK's Secret Doctor: The Remarkable Life Of Medical Pioneer And Legendary Rock Climber Hans Kraus



## Synopsis

Set against the grand panorama of twentieth-century world events, it captures the remarkable life and spirit of climbing and medical visionary Hans Kraus (1905-1966). Kraus was taught English by James Joyce, escaped Nazi dominated Europe, and was JFK's secret back specialist. A legendary rock climber known for hair-raising ascents on two continents, Kraus lived a life filled with tragedy and triumph, intense passion, verve, and a whole lot of guts, glory, and wit. One of the great unsung medical pioneers of the twentieth century, Kraus made headline news throughout the second half of the 1950s, was a guest of honor at Eisenhower's White House, and was the subject of cover stories in major magazines throughout America, including Sports Illustrated. His pioneering work in muscles and fitness uncovered a shocking truth about a lack of fitness in American children, and his work curing back pain brought him into the Kennedy White House and inner circle of Camelot. Here now is the life of Hans Kraus, including the behind-the-scenes story of Kennedy's crippling back problems, based on new documentation, including White House medical records and interviews with two Kennedy White House doctors. Skyhorse Publishing, along with our Arcade, Good Books, Sports Publishing, and Yucca imprints, is proud to publish a broad range of biographies, autobiographies, and memoirs. Our list includes biographies on well-known historical figures like Benjamin Franklin, Nelson Mandela, and Alexander Graham Bell, as well as villains from history, such as Heinrich Himmler, John Wayne Gacy, and O. J. Simpson. We have also published survivor stories of World War II, memoirs about overcoming adversity, first-hand tales of adventure, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

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## Customer Reviews

Hans Kraus was some athlete! He became a doctor and he came up with a way to heal backs - even backs that had botched surgeries and injuries to them. I'm trying out the exercises for prevention of back problems. has spray ethylchloride (combined with cloth & steam, I think) that he mentions using for treatment of painful backs. I was in 9th grade typing class when an assembly was called letting us know the President (Kennedy) had been shot. He mentions this day in his book. He was in his 80's and still rock climbing - evidence that he lived what he taught. He lived to be 90!

I basically enjoyed the book. At the beginning I found the doctor's fascination with mountain climbing a little extreme, After seeing how he translated his tenacity in development of modern physical therapy, his accomplishments are truly astounding..He changed so many lives for the better over so many years.Found the "behind the scene" political issues during he time he treated JFK quite interesting, but not surprising. Did feel tha the book dragged a little at times, but overall liked it.

Interesting insight into JFK history and into medicine's approach to back pain. I am definitely going to read more on this man Dr Hans Krause.

Loved this book, picked it for my book club, which they all thoroughly enjoyed. We think it would make a great movie since it's true and little known part of history, like Hidden Figures. Have my husband reading it now.

This was a spell-binding story about a most interesting man who was a rebel doctor and a rock climber. Later in his life he became JFK's doctor and helped him get his back into shape which resulted in much less pain and a return to golf. I recommend this to those who love biographies and autobiographies.

Incredibly well written, unique and compelling. Loved this book for its creativity, its eloquence, its originality. Can I give it 6 stars???Peggy Keener, author of Potato in a Rice Bowl and Wondahful Mammaries.

It would be very difficult to highlight all the different aspects of this talented in site full man. I feel the author did a great job of keeping the reader organized in thought and understanding throughout the book.

Learned a few things I didn't know, like that JFK wore a corset for his back until the day he died... and it may have played a part in his death. But I was not interested in mountain climbing, so I had to skip past those parts.

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